

# THE TREASURES OF MARCHE: WALKING BETWEEN NATURE AND CULTURE

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## FEBRUARY 2016 HIKES CALENDAR

**Thursday 4: MONTE DELL'ASCENSIONE from Polesio.** From Polesio of Ascoli Piceno to the top of ancient Black Mount whose profile recalls different figures and ancient myths. Time of going 2,00 h-2,30 h, return 1,15 h-1,30 h (stops excluded). Gap: 650 m. Difficulty: E (Hikers).  
On the way back PICENO HISTORICAL CARNIVAL in Castignano: Fair of "Pizza Onta" (Greasy Pizza)!

**Saturday 6: VOLPARA AND PRATA WATERFALLS.** From Umito of Acquasanta Terme (AP) searching for the amazing water games given by Laga Mountains creeks. Rise time: 3,00-3,30 h (stops excluded); down: 2,00 h-2,30 h (stops excluded). Gap: 660 m. Hiking difficulty: EE (Experienced Hikers).  
On the way back PICENO HISTORICAL CARNIVAL in Pozza and Umito, two districts of Acquasanta Terme: Zannis' Parade!

**Saturday 6: NIGHT-WALK ON... THE INFINITE.** In the evening preceding the the new moon night, easy stroll by night from Forcella of Roccafluvione (AP) to the so evocative named overlooking hill to admire the starry sky and its constellations. Estimated time: 2,00 h-2,30 h (stops excluded). Gap: 150 m. Hiking difficulty: T (Tourist).

**Sunday 7: S. MARC HERMITAGE RING.** From Piaggie of Ascoli Piceno to Blessed Conrad's Cave, through St. Marc Hermitage and the Devil's Finger. Estimated time: 2.15 h-2.30 h (stops excluded). Gap: 260 m. Difficulty: T/E (Tourist/Hikers).  
In the afternoon: PICENO HISTORICAL CARNIVAL in Ascoli Piceno: Masks' Parade!

**Tuesday 9: MONTE DELL'ASCENSIONE from Capradosso.** In discovering of the ancient Monte Nero (Black Mountain) along the side from which the River Tesino flows. Rise time: 2,00 h-2,30 h (stops excluded), down 1,00 h-1,30 h (stops excluded). Gap: 500 m. Difficulty: E (Hikers).  
On the way back PICENO HISTORICAL CARNIVAL in Offida: Ignition of the "Vlurd" (typical Bundles of Reeds).

**Saturday 13: MONTE S. VICINO from Pian dell'Elmo.** Along the direct route to the squat and lonely Mount, so particularly because of its unique featured profile. Return through the thick forests of Finaretta. Estimated time: 3,00 h-3,30 h (stops excluded). Gap: 400 m. Difficulty: EE (Experienced Hikers).

**Sunday 14: IN THE PLACES OF THE LEGEND OF PIERO AND SARA.** In the day of Lovers, along the path of the Two Shelters, in the heart of the Regional Park of Gola della Rossa-Frasassi, the land that saw the poignant and tragic love story cruelly nipped by the evil Count Revellone and which the name of the Castle Piosara (AN) was "born" from. Estimated time: 4,30 h-5,00 h (stops excluded). Gap: 400 m. Difficulty: E (Hikers).

**Saturday 20: MACCHIA DELLE TASSINETE.** Easy Walk in Cingoli (MC) wood, searching for its main tree species. Estimated time (stops excluded): 3,00 h-3,30 h. Gap: 250 m. Difficulty: T (Tourist).

**Saturday 20: NIGHT-WALK AT PRATI DI RAGNOLO.** Night walk in the pale light of the full moon night up to Pizzo Meta, natural balcony overlooking the southern Marche Sarnano (MC). Estimated time: 2.00 h-2,30 h (stops excluded). Gap: 300 m. Difficulty: E (Hikers).  
In case of snow, snowshoe walk on the same path!

**Sunday 21: MONTE CERESA.** From Piedilama of Arquata del Tronto (AP), at the borders of Monti Sibillini National Park, to the most elevated Peak of the Group, Eastern sentinel of Monte Vettore. Return through Colel Galluccio and Pretare, the Fairies' village. Estimated time : 4,30 h-5,00 h (stops excluded). Gap: 700 m. Difficulty: EE (Experienced Hikers).

**Saturday 27: AROUND THE ANCIENT TOWN.** Complete tour of the area around Castel Trosino, PICTURESQUE village perched on a spur of travertine overlooking the River Castellano, in discovering of the surrounding wooded and aquatic environments. Estimated time : 4,30 h-5,00 h (stops excluded). Gap: 260 m. Difficulty: T (Tourist).

**Sunday 28: ACQUARELLA HERMITAGE from Albacina.** Discovering the Franciscan hermit through the thick forests overlying the ancient Roman settlement "Tuficum", up the slopes of Mount Maltempo to enjoy the view over the valley of Fabriano (AN) and its surroundings. Estimated time: 4,00 h-4,30 h (stops excluded). Gap: 690 m. Hiking difficulty: E (hikers).

### In event of snow ... SNOWSHOES!

**Saturday 6: PIANI DI RAGNOLO.** From S. Maria Maddalena to Punta del Ragnolo, natural balcony overlooking the southern Marche Sarnano (MC). Estimated time: 2.00 h-2,30 h (stops excluded). Gap: 300 m. Difficulty: EAI (Hike in Snowy Environment).

**Sunday 7: CASTELLUCCIO RING.** From Castelluccio of Norcia (PG) to the slopes of Poggio di Croce, going up the Val Canatra to admire the winter scenery of the Plains. Estimated time: 3,30 h-4,00 h (stops excluded). Gap: 300 m. Difficulty: EAI (Hike in Snowy Environment).

**Saturday 13: AROUND FORCA DI PRESTA.** On the hills surrounding the Pian Piccolo, with spectacular views on River Tronto High Valley. Estimated time: 4,00 h-4,30 h (stops excluded). Gap: 500 m. Difficulty: EAI (Hike in Snowy Environment).

**Sunday 14: PIANI DI RAGNOLO.** From S. Maria Maddalena to Punta del Ragnolo, natural balcony overlooking the southern Marche Sarnano (MC). Estimated time: 2.00 h-2,30 h (stops excluded). Gap: 300 m. Difficulty: EAI (Hike in Snowy Environment).

**Saturday 20: PIANI DI MONTELAGO.** On the heights encircling the plateau between Camerino and Serravalle del Chienti, in discovering spotless landscapes. Estimated time: 4,00 h-4,30 h (stops excluded). Gap: 300 m. Difficulty: EAI (Hike in Snowy Environment).

**Sunday 21: UNDER THE ODD MOUNTAIN.** From Pian dell'Elmo of Apiro (MC) to the slopes of Mount St. Vicino, peculiar relief of the Marche Apennine surrounded by woods and privileged landmark from every part of the Region. Estimated time: 3,30 h-4,00 h (stops excluded). Gap: 400 m. Difficulty: EAI (Hike in Snowy Environment).

**Sunday 21: PANTANI DI ACCUMOLI.** From Forca Canepine to Monte dei Signori, following animal tracks. Estimated time: 3,30 h-4,00 h (stops excluded). Gap: 200 m. Difficulty: EAI (Hike in Snowy Environment).

**Saturday 27: CASTELLUCCIO HIGH AND LOW HILLS.** On the hills arising under Sibillini main ridge and separating the Pian Grande from Pian Perduto, under the shadow of the village guarding them. Estimated time: 4,30 h-5,00 h (stops excluded). Gap: 450 m. Difficulty: EAI (Hike in Snowy Environment).

**Saturday 28: VAL CANATRA.** From Castelluccio of Norcia (PG) to slopes of Monte delle Rose, suspended between the Piani and the side valley of Pian Perduto (Lost Plain). Estimated time: 4,30 h-5,00 h (stops excluded). Gap: 480 m. Difficulty: EAI (Hike in Snowy Environment).

For bookings, rates and info on equipment and clothing needed, time and place of departure:  
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Professional Guide empowered by national and regional regulations and covered by R.C. insurance.

Note: this calendar may be changed because of adverse weather conditions.  
Any possible changes and new itineraries will be promptly communicated.